

LightSong News

Cultivating A Thriving Community of Well Beings



June 2008

Welcome to LightSong News The Genius Consciousness: Living Your Purpose

In This Issue

[Upcoming Events and Happenings](#)

[The Genius Consciousness: Living Your Purpose](#)

Quick Links

www.LightSong.net

[Lightsong Calendar](#)

[LightSong Classes](#)

[Books & CDs](#)

[Sweat Lodge Information](#)

Lodge is held the 3rd Saturday of month at 4 p.m. To receive Sweat Lodge announcements, click on Update Profile link at bottom of this page to join the Prayer Request and Lodge mailing list.

[Join Our Mailing List!](#)

Upcoming Events and Happenings

• Jan on Television!

Jan will be on TVCTV Channel 21 on Comcast, Thursdays at 5:30 p.m., Saturdays at 7 p.m., and Sundays at 8:30 a.m. through the month of June. She will be discussing the topic of Shamanism and the Laws of Attraction on New Connexion's TV broadcast.

Telepathic Communication Training: Spirit Quest

• The next Pre-quest class is June 7th @ 1:30.

If you plan on attending "telepathic communication" please come to the pre-quest class, no charge.

Develop your telepathic communication and enhance your ability to send energy and power using the spirit quest support camp as a learning platform. This year's quest is August 19-24 in Tillamook, Oregon. For more information, click here...

www.lightsong.net/Courses/Foundational/quest.htm

• Medicine for the Earth Class

June 8, 22, and July 6 - 1:30 - 7:30

- Strengthen the bond between you, the elements, and spirit.
- Re-connect with perfect self and your passion
- Learn how to transmute toxins and replenish yourself

Prerequisite: Journey skills are not mandatory but very helpful. Please call if you haven't had a Level I Basic Journey Class. Read *Medicine for the Earth* by Sandra Ingerman.

For more information, click here...

www.lightsong.net/Courses/Foundational/medicine.htm

· Residential Retreat Program - Level II Immersion

September 9 - 14, Still Meadows Retreat Center

- Immerse yourself in shamanic principals and training.
- Extensive training in shamanic healing techniques, ceremonies, and initiations

For more information, click here...

www.lightsong.net/Courses/Residential/21CenturyS.htm

Level II - 18 Month Class

Starts October 4th

For more information, click here...

www.lightsong.net/Courses/Core/Lv2Shamanic.htm

· Sweat Lodge is Open Again!

Community Lodge is June 21st

Remodeling is complete and the lodge site is open again!

For the June 21st and July 19th lodge dates, please arrive no later than 3 p.m. for a 4 p.m. start, or arrive as early as 1 p.m. if you would like to help prepare the ceremony. For more information, click here...

www.lightsong.net/Courses/Ceremonies/sweat.htm

• **Look what is available to you "free" through LightSong School of Shamanic Studies and Energy Medicine. Get involved and join the fun!**

LightSong offers a place to practice skills already learned and to receive healing for free...

Click here for more information...www.lightsong.net/free.htm

• **Jan's Radio Show: New Broadcast on 21st Century Shamanism and Energy Medicine.** You can listen to any broadcast at anytime on the web! You can tune in at any time at www.iamhealthyradio.com or from Jan's web site, www.lightsong.net. Spread the word to your friends around the nation and world!

Private sessions and coaching are available. Contact me at Jan@lightsong.net for more information.

• **Find out about upcoming events throughout the Pacific Northwest: Subscribe to New Connexion's eMinder**

To receive emails on enlightening events near you, sign up for New Connexion's MAIL to receive information and special coupons for holistic products and services. To subscribe, visit www.newconnexionjournal.com



Each day I pray that suffering is relieved in people, that they find their way to their passion and their radiance.

This is the process of Becoming Yourself. I open my heart to those that wish to discover. A first step is to join me for **Medicine for the Earth** or any of the classes and the free, on-going groups that are listed on my web site. Say YES to life, and become involved with those of like-mindedness.

In that spirit, I'd like to share the writing of one of LightSong's students, Marilyn Schwader. Marilyn incorporates the learning she has gained through LightSong into her personal and business life, teaching others how to use writing and storytelling as a healing method. The following is an excerpt from the book she is currently writing.

The Genius Consciousness: Living Your Purpose

In the African country of Ghana, a tribal community awaits the birth of a child with anticipation. The collective belief is that each child is born with a purpose, a gift that they bring into the world to help the tribe survive the harsh conditions of living in the desert. In the first years of a child's life, through observation and ritual, a shaman recognizes the divine gift that the child reveals. The child is then given a name that reflects the discovered genius, and the tribe begins to encourage that brilliance to come forward. The survival of the group is dependent on each person knowing - and using - their talent.

Most of us don't have an entire village focused on each member's discovering and living the true self. In fact, most of us have had the exact opposite. Prevailing culture often works to cover up that genius, to strike fear into each of us for using our brilliance, to keep us subdued and compliant, all in the name of security and belonging. This denying of self leads to a feeling of confusion, loss of passion, and ultimately a lack of happiness. Predictably, our collective "tribe" has also suffered. Our "heroes" are not ourselves or anyone we know, but distant images in the form of athletes, movie stars, and television icons. The result is wishful thinking and a feeling of lack, which drives us off the path to our divine destiny and deprives us, and our village, of our true talent.

What if you were celebrated, and taught to celebrate everyone in your life from an early age? Can you imagine

the levels of satisfaction that would be felt by you and those around you?

If you are **not** one of the fortunate people who had a tribe to encourage your gifts, now is the time to start finding it yourself. Once you recognize and start living what your purpose is meant to be in this lifetime, the passion, the change in your energy, will attract a "tribe" of friends and colleagues that will match all that you are. When you decide to use your genius, the world of opportunities will open itself to you.

The Mind Shaping Your Experience

Remember as a young child being asked what you wanted to be when you grew up? Life was full of possibilities and endless choices: an astronaut, an artist, a doctor, a singer, a fireman, a scientist, a movie star, an athlete. The adults asking you the question would smile knowingly, seeming to encourage you in your dreams.

Fast-forward a few years to adolescence and you more likely started to hear doubt and discouragement when you mentioned your dreams. "You can't make money being an artist. You will be in school forever if you want to be a doctor. Girls can't be scientists. Being a fireman isn't safe."

While those adults were giving you well-intentioned advice meant to keep you safe and free from pain, the limiting beliefs they gave you are the seeds of the stories you are now telling yourself. Instead of encouraging you to accomplish what you had a passion for and loved, they were "protecting you from being disappointed" in life. Unfortunately, by settling for less than what you were meant to be and do in this life, the truth is by listening to them your mind has led the way down a path that does not bring you true happiness. Instead of following the whisper of your genius, you listened to the external voices around you.

That's why the material things, the status, and other external sources of stimulation will never be enough. They will never satisfy that internal longing to be what you were meant to be. What is covering up your purpose, and how can those things be removed so that your true gifts can begin to shine? What shapes your actions are your beliefs, thoughts, and feelings. If you are not truly satisfied with your life as it is, your mind is the place to start looking for what needs changing.

(To be continued...)

To read more about Marilyn, visit www.clarityofvision.com

I welcome any comments you might have regarding the content or format of the LightSong Newsletter.

Heart to Heart!

Jan Engels-Smith
LightSong School

[Forward email](#)

✉ **SafeUnsubscribe®**

This email was sent to terryk@lightsong.net, by jan@lightsong.net
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

LightSong School of Shamanic Studies | 832 SW Wilson Court | Gresham | OR | 97080

Email Marketing by

